



West-San José Community Center

3707 Williams Rd., San José 95117

Phone: 408-249-6580

Fax: 408-249-6589

Supervisor: Hal Spangenberg

Email: hal.spangenberg@sanjoseca.gov

Bus Line: 26

Types of Programs: Fee classes, open gym, special events, wheelchair sports, youth programs.

ARTS & CRAFTS

Art Tales – **New** \$60

This exciting and educational class will focus on popular children's stories and create art projects related to the selected reading of the day. Your child will benefit in imagination, spatial and cognitive development, problem solving, and fine motor skills. All supplies are included.

Instructor: Le Baudour

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.803	W	9/17-11/5	2:00-3:00pm	5-7	8	WSJ

Cartoon Drawing Basics – **New** \$70

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing and storytelling. This class will benefit your child in the development of their imagination, spatial and fine motor skills.

Instructor: Tomasi

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.520	F	9/19-11/7	4:15-5:15pm	7-9	8	WSJ
294.2.521	F	9/19-11/7	5:30-6:30pm	10-12	8	WSJ

Drawing 1 – **New** \$79

Learn to draw the world around you and to capture your imagination! Drawing exercises will help you to see the world the way an artist does by learning the elements of line, form, depth, and texture. Please bring a 9"x12" drawing pad to class. This will benefit your child in the development of their imagination, cognitive, problem solving, spatial and fine motor skills.

Instructor: Le Baudour

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.804	W	9/17-11/5	3:30-5:00pm	8-12	8	WSJ

Lil' Artists – **New** \$60

Delight your children by allowing them to discover their creative abilities. In this class young artists will express themselves using a variety of media. Projects and activities will be hands on and lots of fun.

Instructor: Le Baudour

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.808	Th	9/18-11/6	2:30-3:30pm	3-4	8	WSJ

Art Studio \$69

Children will explore how art influences everyday life while creating their own masterpieces. They will learn about diverse cultures and see examples of art from different places in the world. They get to develop their imagination by creating paper collages, masks, abstracts, clay sculptures and much more! They will learn about the basic concepts of color, style, form and design. These hands-on art projects will provide lasting memories for years to come!

No Class 10/13

Instructor: Le Baudour

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.840	M	9/15-10/27	3:30-5:00pm	8-12	6	WSJ

DANCE

Tap/Ballet \$80

In this joyful combination class of ballet and tap, routines, steps and ballet positions will be taught. Come shuffle those happy feet and learn some basic tap steps and routines. A fun class for everyone. It builds self-confidence, grace, coordination, a sense of rhythm, flexibility and more!

Instructor: CLAP

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.211	W	9/17-11/5	3:00-3:45pm	3-5	8	WSJ

Hip Hop \$80

High-energy dance classes provide hours of fun while promoting teamwork, improving coordination, stamina and overall good fitness. Dance steps are introduced in easy-to-understand language. As students sharpen their moves and refine footwork, choreography is introduced. Instruction is broken down to simplify the learning process, thereby helping to instill confidence in all dancers. This course culminates with an exciting presentation! **Parents may stay for first and last classes only.**

Instructor: CLAP

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.212	W	9/17-11/5	4:00-5:00pm	8	8	WSJ

EARLY CHILDHOOD RECREATION

Tiny Tots \$286

Introduce your child to new friends, new concepts and lots of fun! Weekly themes will be explored through various arts and crafts, stories, songs, games, lots of learning activities and age appropriate learning concepts. This class will help your child prepare for preschool and kindergarten. Classes are designed to promote independence, and improve social, cognitive and movement skills. Child must be potty trained, and able to participate for the whole class. Parents are an important part of this program and are required to participate and provide snacks in the class at least two times during the session.

No Class 11/11

Instructor: Howser

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.363	T/Th	9/16-11/18	9:00-11:30am	3-4	18	CB

**Kindertots****\$340**

What better way for you to introduce your child to new friends, learning concepts and socialization with their neighborhood peers? Weekly themes will be explored through various arts and crafts, stories, songs, games, lots of learning activities and age appropriate learning concepts. Children should have a general understanding of their numbers and letters, so that these skills can be improved, however the emphasis of the class is fun. Child must be potty trained and able to participate for the whole class time. Parents are an important part of this program and are required to participate and provide snacks in the class at least two times during the session.

No Class 10/13

Instructor: Howser

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.362	M/W/F	9/15-11/14	9:00am-12:00pm	4-5	26	CB

MUSIC/THEATER ARTS**Guitar Beginning****\$72**

Beginning guitar is fun! In this self-paced, no pressure class, you will learn the basic chords, how to strum, introductions to picking and many easy songs to play with family and friends. It's up to you how far you want to go. Come and join the fun. Students must provide their own guitar. No electric guitars please. A \$15 music book fee will be collected on first day of class.

Instructor: Bermudez

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.425	F	9/19-11/7	6:15-7:15pm	7-15	8	WSJ

Intermediate Guitar**\$72**

This class is designed for students that already have taken beginning guitar. Reading and music comprehension along with guitar strumming and finger style techniques will be taught. It's up to you how far you want to go. Come and join the fun. Student must provide their own guitar. No electric guitars please. A \$15 music book fee will be collected on first day of class.

Instructor: Bermudez

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.426	F	9/19-11/7	7:30-8:30pm	7-15	8	WSJ

Piano Keyboard - Level 1**\$86**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee, payable to the instructor, will be collected at the first class. Students must bring their own set of headphones.

Instructor: Noteworthy Music

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.401	W	9/17-11/5	3:15-4:00pm	6-12	8	WSJ
294.2.402	W	9/17-11/5	6:15-7:00pm	6-12	8	WSJ
294.2.403	W	9/17-11/5	7:00-7:45pm	6-12	8	WSJ

Piano Keyboard - Level 2**\$86**

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.404	W	9/17-11/5	4:00-4:45pm	6-12	8	WSJ
294.2.405	W	9/17-11/5	4:45-5:30pm	6-12	8	WSJ

Piano Keyboard - Level 2 & 3**\$86**

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.406	W	9/17-11/5	5:30-6:15pm	6-12	8	WSJ

Beginning Guitar 4 Youth**\$72**

Do you have an interest in learning how to play guitar? If so, come and join us for a fun, self-paced & easy environment. You will learn the basics chords, how to strum, introductions to picking and many easy songs to play for your family and friends. Please no electric guitar. A \$15 music book fee will be collected on first day of class.

Instructor: Gibson

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.427	F	9/19-11/7	6:30-7:30pm	7-15	8	WSJ

Ensemble - New**\$72**

Ensemble is a course designed to give guitar, violin, viola, flute, cello or recorder players an opportunity to sight read music and perform works from a variety of periods and composers in ensemble form. You must provide your own instruments and be able to read and play music.

Instructor: Gibson

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.428	F	9/19-11/7	7:45-8:45pm	7-15	8	WSJ

SPECIALTY CLASSES**Art Studio Parties**

Work with clay, beads, and other materials to create your own masterpieces. We will provide the supplies and the art instruction. This is a fun activity for Birthday Parties! Call for package and price information at 408-249-6580.

Chess 101 - New**\$66**

Hey young chess players! Come and join us in a game of chess. You will learn and develop a broader understanding of key chess concepts, end game patterns, tactics, and combinations. By the end of the session you will have the confidence in challenging anyone.

Instructor: Recreation USA

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.429	Th	9/18-10/23	4:00-5:00pm	6-10	6	WSJ

SPORTS & FITNESS**Badminton****\$89**

Learn the fastest racquet sport! Basic fundamentals, techniques and skills of badminton for all ages starting at age 6. Classes will be for beginners, intermediate and advanced students. Participants should wear proper attire: t-shirt, shorts, or warm-up pants and appropriate court shoes. Participants must bring their own badminton racquet, new birdies and a full water bottle to each class. **Location:** Moreland-West Gym

Instructor: Le

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.512	Sa	9/20-11/8	4:00-5:00pm	6-10	8	MW
294.2.513	Sa	9/20-11/8	5:15-6:15pm	11-17	8	MW



SPORTS & FITNESS

Tennis – Youth

Learn to play tennis. Tennis has never been easier to play and learn. By using NEW progression tennis balls and a games-based approach to learning your child will be able to rally the ball in the first hour of the very first class! **Location:** Murdock Park

Mini Tennis – **New** \$47

An introductory program for the young athlete. Fundamental ball skills, movement and coordination exercises will be included. Learn NEW tennis drills you can do with your child.

*Instructor: South Bay Tennis Academy
Director: Todd Dissly*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.517	Sa	9/20-10/25	1:00-1:45pm	5-7	6	MRC

Tennis - Rally Ball I & II – **New**

Class designed to engage young children in participating in tennis as a team sport, while having fun with their friends and learning basic fundamentals. The program is designed to be beginner friendly. The format includes practice and match time. **Must have previous tennis experience for Rally Ball II.**

*Instructor: South Bay Tennis Academy
Director: Todd Dissly*

Rally Ball I \$63

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.518	Sa	9/20-10/25	2:00-3:00pm	8-12	6	MRC

Rally Ball II \$63

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.519	Sa	9/20-10/25	3:15-4:15pm	8-14	6	MRC

Beginning Tennis \$69

Tennis has never been easier to play and learn. By using new progression tennis balls and a modern games-based approach to learning you will be able to learn the skills to rally the ball in the first hour of the very first class. *No Class 10/13*

*Instructor: South Bay Tennis Academy
Director: Todd Dissley*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.522	M	9/15-10/27	6:00-7:00pm	16+	6	MRC
294.2.523	T	9/16-10/21	7:15-8:15pm	16+	6	MRC

Intermediate Tennis \$69

Previous tennis experience is required. The lessons are fast-paced but always have a review of the previous lesson. The goal of each lesson segment is to introduce one or more skills necessary to play tennis. *No Class 10/13*

*Instructor: South Bay Tennis Academy
Director: Todd Dissly*

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.524	M	9/15-10/27	7:00-8:00pm	16+	6	MRC
294.2.525	T	9/16-10/21	8:15-9:15pm	16+	6	MRC

Family Karate – **New** \$57

Do you want to spend more time with your family? If so, join us for a good physical activity while learning the fundamentals of karate. Class promotes healthy activities for family and stresses the importance of exercise. **Fee is per person.**

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.430	Sa	9/20-11/8	9:30-10:30am	5+	8	MW

Self Defense – **New** \$57

Do you know how to avoid potential dangerous situations, better identify and reduce risk for yourself and your family? This class will increase your knowledge of how to handle harmful situation with basic self defense tactics.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.431	Sa	9/20-11/8	10:45-11:45am	16+	8	MW

Ninja Fitness – **New** \$57

This fun class will give your child a great workout. Each ninja will learn warm up exercises, karate moves and fitness exercises. Your child will use their energy in a positive way.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.432	M	9/15-11/10	10:00-11:00am	3-5	8	WSJ

SPORTS LEAGUE

Co-ed Basketball League \$45

A win-win basketball league with emphasis on participation, fundamental skills, teamwork and sportsmanship in a pressure free environment. Participants will receive a team shirt, an award, and end of the season pizza party. **Basketball CLINIC:** Saturday, September 20. Game times will vary and schedules will be passed out at the clinic. **Volunteer Coaches Needed!** If interested in being a volunteer coach please indicate it on the registration form and include your shirt size. A big part of the sports league's success is having volunteers to coach the teams! **Location:** Moreland West Gym ~ 1850 Fallbrook Ave. 95130

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.956	Sa	9/20-11/8	11:00am-12:00pm	5-6	8	MW
294.2.978	Sa	9/20-11/8	12:15-1:15pm	7-8	8	MW
294.2.911	Sa	9/20-11/8	1:30-2:30pm	9-11	8	MW

ADULT CLASSES

Line Dancing \$75

Come find out how much fun it is to Line Dance. Lessons are easy and provide great exercise. You do not need a partner or any experience in dance. You will learn classic line dances and popular new ones. Hard-soled shoes work best and be sure to bring a water bottle.

Instructor: Muscolo

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.701	T	9/16-11/4	7:30-9:00pm	18+	8	MW
294.2.702	F	9/19-11/7	10:00-11:30am	18+	8	MW

**Yoga****\$59**

This introductory class will introduce participants to the basics of yoga. The session will focus on breathing and loosening asanas, standing, seated, supine and prone asanas, and relaxation techniques. This is ideal for participants with no prior yoga experience or for participants interested in getting back to yoga after a break. Accessories such as a yoga mat, foam block, and a yoga belt are recommended.

Instructor: Gopalakrishnan

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.600	T	9/16-10/21	5:30-6:30pm	18+	6	WSJ

Intermediate Yoga**\$59**

If you already know the basics of yoga or have attended a few beginner yoga sessions, this class is for you. In addition to breathing/loosening asanas and relaxation techniques, this class will include surya namaskars (sun salutations), inversions, twists, backbends and pranayama. Accessories such as a yoga mat, foam block, and a yoga belt is recommended.

Instructor: Gopalakrishnan

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.601	Th	9/18-10/23	5:30-6:30pm	18+	6	WSJ

Watercolor**\$89**

Enjoy the wonderful world of painting by exploring the flowing medium of watercolor. See and translate the world around you in an easy and satisfying process. Each student may choose from a great selection of resource materials provided by the instructor. You may complete 2-4 paintings in this course. All levels and experiences encouraged. The instructor will be working with each student one on one. Material list will be provided when you register.

Instructor: Le Baudour

Course #	Day	Date	Time	Age	Mtg.	Loc.
294.2.835	W	9/17-11/5	6:00-8:00pm	18+	8	CYP

Beginning Square Dance**\$14.25 Monthly**

This beginning square dancing class will teach you all the steps, moves and techniques needed to get yourself moving on the dance floor. This class meets the first 3 Wednesdays of each Month.

Instructor: Woods

Course #	Day	Date	Time	Age	Loc.
256.2.722	W	Ongoing	2:00-4:00pm	50+	WSJ

COMMUNITY NIGHTS**Drop-In Indoor Model Airplane Flying****\$8 Adult (18+),
\$5 Youth**

Fly your free flight model airplanes inside a building, free of outside control. If you need an indoor location for your free flight model airplane, need advice on getting started in a fun and educational hobby, want help with adjustments/repairs, or just want to see the planes fly, come join us. We attract world class and beginning flyers. Experts will be on hand to help you select, adjust and fly your plane. **Location:** Moreland West Gym

Instructor: Young

Day	Date	Time	Age	Loc.
Su	Ongoing	4:00-8:00pm	5+	MW

Drop-In Badminton**\$5 Adult (18+), \$3.50 Youth**

Saturday Evenings · Session I - 6:30-8:00pm · Session II - 8:30-10:00pm
No Spectators

Starbird Youth Center**1050 Boynton Ave., San José 95117****Phone:** 408-984-1954**Supervisor:** Raymond Hidalgo**Email:** raymond.hidalgo@sanjoseca.gov**Bus Lines:** 25**Types of Programs:** Afterschool recreation, sports leagues and special events for youth (middle and high school age students).**Youth Advisory Council**

Want to be a leading advocate for youth? Or want to earn on community service hours? How about socializing with other youth from all over the district?

Starbird Youth Center

Looking for a cool place to hang out? Well, look no further. The newly built Starbird Youth Center is the place to be for middle school and high school students. The youth center is a fun, safe place for teens to hang out, meet new people, and participate in many different activities. The new youth center has a classroom, computer lab, lounge area, game room and a large enclosed patio. For more information call 408-984-1954.

The Youth Center offers:

Movie Night · Xbox · Playstation · Computer Lab · Arts&Crafts
(2) Pool Tables · Air Hockey · Foosball · Ping Pong · Sports Workshops
Classes · Field Trips · Special Events · Patio Area · Game Room
Board Games · Homework Assistance

Grades: Middle School & High School Students**Days:** Monday-Friday · 2:30-6:00pm**Friday Night Open Gym****6:30-9:00pm**

City of San José Moreland-West Community Center offers a free open gym program for Middle School and High School students. Come join friends (and make new ones) for fun on Friday nights. Activities include basketball, board games, and a social area. No cost for this activity.

Movie Night

Scheduled to be announced please contact the Starbird Youth Center at 408-984-1954.

Girls Club - *New***Free****When:** Wednesdays 4:00-5:30pm

All middle and High school students are welcome to join the Starbird Youth Center new Girls Club. The club offers arts and crafts, gain leadership skills, guest speakers, field trips, and participate in community events.

"Parents Night Out" at Starbird Youth Center!

Parents - It is your time to take the night off and drop your child at Starbird Youth Center. Parents Night Out consists of leaving your child in a fun and safe environment, in which your child will be supervised by City of San José Recreation Staff. In addition, we will provide dinner, arts and crafts, and fun games.

Dates: Call for Dates**Time:** 5:30-9:00pm**Ages:** 4-12 years old**Cost:** \$20 (\$8 for each additional child)**Location:** Starbird Youth Center